



TUESDAY 07-06

Chair: Iris Knottnerus

10.00	Introduction			Jerryll Asin, President ISMC2022	
10.15	Why do we sleep?			Rolf Fronczek	
11.00	Break				
11.30	Sleep gender and age			Birit Broekman	
12.15	Neuro anatomy / neuro chemistry			Ysbrand van der Werf	
13.00	Lunch (16.00 Break)				
14.00	15.00	16.30	Workshop	Speaker	Room
A	B	C	When and how to study sleep	Laurien Teunissen & Sebastiaan Overeem	A1
B	C	A	Taking a sleep history in adults and children	Iris Knottnerus & Arthur Kurvers	B2
C	A	B	Scoring sleep	Irma van Velzen & José Vis	C2

WEDNESDAY 08-06

Chair: Jerryll Asin

09.00	Patho physiology of respiration during sleep			Joost van den Aardweg	
09.45	Clinical spectrum and diagnosis of SBD			Dirk Pevernagie	
10.30	Break				
11.00	SBD and co-morbidities			Johan Verbraecken	
11.45	Overview of OSAS treatment options			Dries Testelmans	
12.30	Lunch (15.30 Break)				
13.30	14.30	16.00	Workshop	Speaker	Room
A	B	C	CSAS treatment with stepped care	Hennie Janssen & Johan Verbraecken	A1
B	C	A	Non-CPAP treatment OSA in clinical practice	Peter van Maanen & Manu Sastry	B2
C	A	B	Principles and practical aspects of PAP treatment in OSA	Stephan van der Kleij & Jerryll Asin	C2

THURSDAY 09-06

Chair: Ysbrand van der Werf

09.00	Insomnia disorder and co-morbid insomnia		Colin Espie		
09.45	Paediatric sleep disorders		Nicole Wolters		
10.30	Break				
11.00	Chronobiology		Marijke Gordijn		
11.45	RLS / PLMS		Roselyne Rijsman		
12.30	Lunch (15.30 Break)				
13.30	14.30	16.00	Workshop	Speaker	Room
A	B	C	Interactive session: RLS / PLMS	Roselyne Rijsman & Angelique Pijpers	A1
B	C	A	treatment of insomnia with emphasis on children and adolescents	Nicole Wolters & Daniëlle Hendriks	B2
C	A	B	Hypersomnia in clinical practice	Gert Jan Lammers & Rolf Fronczek	C2

FRIDAY 10-06

Chair: Rolf Fronczek

09.30	(N)REM parasomnia	Paul Reading
10.15	Neurology and sleep	Paul Reading
11.00	Break	
11.30	Psychiatry and sleep	Marika Lancel
12.15	Hypersomnia of central origin	Rolf Fronczek
13.00	Lunch ISMC2022 Quiz	